



7<sup>th</sup>-10<sup>th</sup> December 2017

## **2<sup>nd</sup> Announcement of the 16<sup>th</sup> Asian Spinal Cord Network (ASCoN) Conference and Workshop**

### **Message from ASCoN chairperson**

This year, we would like to invite you to participate the 16<sup>th</sup> ASCoN conference and workshop. This is the second time that the conference will be organized in Chiang Mai and co-hosted by Department of Rehab Med, Faculty of Medicine, Chiang Mai University. In addition, it is sponsored and supported by the International Spinal Cord Society (ISCOS), SPRIT, LIVABILITY and the International Neuro-Urology Society (INUS).

As usual, we would like to invite Rehab Team from the ASCoN member institutes in Asia to share and learn from each other and with our international and local speakers and resource persons, to enhance comprehensive rehabilitation management of spinal cord injury (SCI) and to improve quality of life of persons with SCI in our region. The main conference will be two and a half days from 8<sup>th</sup> to 10<sup>th</sup> December 2017

This year, we promote more oral presentations as well as poster presentation from participants. Besides the ASCoN research contest and structured poster contest for the ASCoN awards, we would like to invite SCI consumers to share their experience in a session called 'voices of customers (VOC) – what rehab team should know'. And for the rehab teams, they are welcome to present their experiences in the session called 'interesting clinical issues'. In addition, there will be sessions of a small group discussion for interesting subjects that we would like to welcome you to come and share.

On 7<sup>th</sup> December 2017, we will have a full day of various small workshops. Participants from various professionals as well as SCI consumers can also select other workshops of their interests. Two high-lighted workshops for this year will be the neurogenic bladder management workshop sponsored by the INUS and the mobility workshop run by Prof. Lisa Harvey.

So, please come, share, learn and increase our knowledge, skills, and positive attitude towards our works; strengthen our friendship; and join the activity of raising awareness of SCI prevention.

See you in Chiang Mai this December 7-10, 2017

Apichana Kovindha, M.D.

Chairperson of the 16<sup>th</sup> ASCoN Conference

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## Speakers and Resource Persons

<p><i>International</i></p> <p>Prof. J-J Wyndaele (Urologist, Belgium)          Prof. W El Masri (Orthopaedist, UK)          Prof. H Madersbacher (Urologist, Austria)          Prof. F Biering-Sørensen, (Physiatrist, Denmark)          Prof. L Harvey (Physiotherapist, Australia)          Dr. Dirk van Kuppevelt (Physiatrist, the Netherland)          Dr. S Ducharme (Clinical psychologist, USA)          Ms. F Stephenson (Healthcare Capacity Building consultant; UK)          Mr. S Muldoon (Chair, Livability; Ireland)          Mrs. M Muldoon (Livability; Ireland)          Mr. AD Vamosh (SCI consumer, Israel)</p> <p><i>ASCoN</i></p> <p>Dr. H Chhabra (Orthopaedist, India)          Assoc. Prof. N Hasnan (Physiatrist, Malaysia)          Assoc. Prof. JE Patrick (Physiatrist, Malaysia)          Dr. L Karunia Wahyuni (Physiatrist, Indonesia)          Dr. BS Lee (Physiatrist, Korea)</p>	<p><i>Thai</i></p> <p>Assoc. Prof A Kovindha (Physiatrist, SCI consultant; CMU)          Assoc. Prof. K Sananpanich (Hand orthopaedist, CMU)          Assoc. Prof. S Tongprasert (Physiatrist, CMU)          Assist. Prof. P Kummuang-lue (Physiatrist, CMU)          Dr. S Pattanakuhar (Physiatrist, CM)          Ms. W Sittikan (Rehab nurse, CMU)          Ms. R Jindamaneesirikul (Rehab nurse, CMU)          Mr. N Sawattikanon (PT, CMU)          Ms. T Attawong (OT, CMU)          Ms. N Sumin (OT, CMU)          Ms. W Witayanil (OT, CMU)          Ms. K Uttrachon (OT, CMU)          Ms. N Jitngam (OT, CMU)          Ms. T prakobhong (OT, CMU)          Ms. N Tipayajak (Nurse, SCI consumer)          Ms. B Buranapansri (SCI consumer)</p>
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Registration fees: (in Thai Baht)	Conference and Workshop*	Workshop only*	Conference only	
	7-10 Dec 2017	7 Dec 2017	8-10 Dec 2017	
<b>ASCoN member</b>	Early-bird Registration only	Early-bird Registration only	Early-bird registration	Late/on site registration
- All professionals	3,500	800	4,000	5,000
- Student, resident in-training	3,000	600	3,500	4,000
<b>SCI consumers</b>	3,000	600	3,500	4,000
<b>Accompanying of SCI consumer#</b>	3,000	600	3,500	4,000
<b>Non-ASCoN member</b>	4,500	1,000	5,000	6,000

\* For early-bird registration only – till 31<sup>st</sup> October 2017

# Accompanying person of SCI consumer who attends and joins the workshop/conference with the SCI consumer

### Note:

1. Pre-congress workshop (7<sup>th</sup> December) registration is for early-bird registration only.
2. Combined conference and workshop (7-10 December) registration is for early-bird registration only.
3. In-training residents or students must send a document signed by a chairperson of their training center or dean along with the registration form.
4. Deadline for submission abstract for oral/poster presentation is 30<sup>th</sup> September 2017.
5. Early-bird registration is till 31<sup>st</sup> October 2017.
6. Preferred topics of free papers are pressure ulcer, neurogenic bladder and bowel, sex and psychosocial life, mobility, rehab therapy/service for SCI, interesting clinical issues and personal life experience.
7. All presentations are in English.
8. ASCoN research award contest is for research studies related with SCI. Presenters will have 9 min for presentation and 3 min for Q&A. If there are more than 8 papers submitted for this contest, only the selected ones will be presented in this session and the rest will be asked to present in an oral session for free paper. The ASCoN research awards are as follows: the 1<sup>st</sup> price will get a visiting scholarship to a ASCoN training center and the 2<sup>nd</sup> price will get an ISCOS textbook of SCI comprehensive management.
9. All posters of a short research studies or interesting issues are presented at the foyer. A poster size is 80 (W) x120 (H) cm.
10. Only selected structured posters, the presenters will have a chance to present 3 slides for 3 min and Q&A for 2 min. The winner will receive an award.
11. Young ASCoN member participants (less than 40 years old) whose paper is selected for the voice of customer session, the ASCoN research contest or the structured poster contest may receive free registration fee.

**Accommodation:** Please contact directly to UNISERV of Chiang Mai University and mention the booking code 'ASCoN2017' when making reservation to get special room rates (standard: 800 baht/night and deluxe: 1,800 baht/night). Recommend early reservation.

E-mail: uniserv@cmu.ac.th; uniservhostel@hotmail.com

**Mode of payment:** via bank transfer for registration fees. Payment in Thai Baht to ....  
 Bank account name: Workshop on SCI management. Bank account number: 566-270281-0  
 Siam Commercial Bank Public Company Limited Swift code: SICOTHBK

**Tentative Programme of the 16<sup>th</sup> ASCoN Conference**  
**At UNISERV, Chiang Mai University**

**D0: Thursday, 7th December 2017, Pre-congress workshop**

<b>08.00-09.00 Registration for ASCoN Workshop and Conference</b>			
<b>Full day workshops</b>			
	<b>Room</b>	<b>Topic</b>	
<b>WS 1</b> <b>09.00-16.00</b>	Fai Kham	<b>Neurogenic bladder dysfunction: assessment and management</b> - Pathophysiology of NBD - UDT interpretation - Surgical/specialized management - Case discussion	<i>S: JJ Wyndaele S: H Madersbacher S: A Kovindha M: S Pattanakuhar</i>
<b>WS 2</b> <b>09.00-16.00</b>	Intanin	<b>Enhancing mobility</b> - Exercise training for wheelchair users - Exercise training for ambulators - Demonstration & practice - Case discussion	<i>S: L Harvey M: N Sawattikanon</i>
<b>WS 3</b> <b>09.00-16.00</b>	Phuang Kram	<b>Building confidence:</b> - to cope with disability - for independent living - to empower peers	<i>S: N Tipayajak S: B Buranapansri S: AD Vamosh M: T Attawong, W Witayanil</i>
<b>Half-day workshops</b>			
<b>WS 5</b> <b>09.00-12.00</b>	Fueng Fah	<b>Building capacity of rehab professionals</b> - What? Why? How to?	<i>S: F Stephenson, S Muldoon M: W Sittikan</i>
<b>WS 6</b> <b>13.00-16.00</b>	Fueng Fah	<b>Sexuality and disability</b> - Counseling - Management	<i>S: S Ducharme S: BS Lee M: R Jindamaneesirikul</i>
<b>WS 8</b> <b>09.00-12.00</b>	Phuang Saet	<b>Tetraplegic hand</b> - Assessment - Therapy	<i>S: S Tongprasert M: N Sumin, A Sukkraitthai</i>
<b>WS 7</b> <b>13.00-16.00</b>	Phung Saet	<b>Pressure ulcers</b> - Wheelchair cushions selection - Pressure mapping	<i>S: S: P Kummuang-lue S: K Utrachon M: N Jitngam, T prakobhong</i>
<b>SP1</b> <b>17.00-18.00</b>	<b>Outdoor activity:</b> <i>Raising awareness of SCI prevention</i>		
<b>SP2</b> <b>18.30-20.30</b>	<b>Indoor activity: Opening ceremony of the ASCoN</b> <i>Getting together, getting to know each other</i>		

PS, plenary session; OP, oral presentation; SGD, small group discussion; S, speaker; C, chair; J, judge; M, moderator; A, assistant

**D1: Friday, 8th December 2017**

<b>Time</b>	<b>Main hall</b>	<b>Small room</b>
<b>08.00-08.45</b> (45 min)	<b>Registration</b>	-
<b>08.45-10.15</b> (90 min)	<b>PS1: Fact and future of recovery after SCI</b> - <b>Neurological recovery</b> (40 min) <i>S: W El Masry</i> - <b>Surgery and stem cells</b> (40 min) <i>S: H Chhabra</i> - <b>Q &amp; A (10 min)</b> <i>M: A Kovindha</i>	<b>SGD1: Pressure ulcer prevention</b> - during rehab admission - at home - experience of SCI consumers <i>S: N Hasnan, W Sittikan</i> <i>M: P Kummuang-lue</i>
<b>10.15-10.45</b>	<b>Coffee break and viewing posters</b>	
<b>10.45-12.15</b> (90 min)	<b>PS2: Improving mobility, improving mobility</b> - <b>Evidence-based on advanced therapy</b> (40 min) <i>S: JE Patrick</i> - <b>Practical points</b> (40 min) <i>S: L Harvey</i> - <b>Q &amp; A (15 min)</b> <i>M: N Sawattikanon</i>	<b>SGD2: Vascular issues</b> - <i>CPG for DVT assessment, prevention and treatment</i> - <i>Postural hypotension</i> <i>S/M: S Pattanakuhar</i>
<b>12.15-13.30</b>	<b>Lunch break</b>	
<b>13.30-15.00</b> (90 min)	<b>PS3: Pressure ulcer - mobility after surgical closure</b> <i>S: MD, PT, OT</i> <i>M: P Kummuang-lue</i>	<b>SGD3: Designs, products and technology for wheelchair users</b> <i>S: A Vamosh, N Tipayajak</i> <i>M:</i>
<b>15.00-15.30</b>	<b>Coffee break and viewing posters</b>	
<b>15.30-17.00</b> (90 min)	<b>OP1: ASCoN awards for research contest</b> <i>J: L Harvey, W El Masry, BS Lee</i> <i>M: S Pattanakuhar</i>	<b>SGD4: After care</b> <i>S: D van Kuppevelt, F Stephenson</i> <i>M: W Sittikan</i>

**D2: Saturday, 9th December 2017**

Time	Main hall	Small room
<b>08.30-10.00</b> (90 min)	<b>PS4: Incontinence</b> <i>S: J-J Wyndaele, H Madersbacher, A Kovindha</i>	<b>OP2: Free paper – research study/interesting clinical issue</b> <i>M: S Thongprasert</i>
<b>10.00-10.30</b>	<b>Morning coffee break &amp; Viewing posters</b>	
<b>10.30-12.00</b> (90 min)	<b>OP3: ASCoN awards for structured poster contest</b> (present 3 min, Q&A 2 min) <i>J: F Stephenson, D van Kuppevelt, S Muldoon</i> <i>M: S Pattanakuhar</i>	<b>PS5: Bowel care</b> <i>S: JE Patrick, F Stephenson, A Kovindha</i> <i>M: R Jindamaneesirikul</i>
<b>12.00-13.00</b>	<b>Lunch break</b>	
<b>13.00-14.00</b> (60 min)	<b>OP4: Voices of customers - what rehab professionals should know</b> (present 9 min, Q&A 3 min) - Aging with SCI <i>S: AD Vamosh</i> - ..... <i>C: N Tipayajak</i>	<b>SGD6: Rehab services for SCI - Lessons learned from ASCoN countries</b> (60 min) <i>S: BS Lee, L Karunia Wahyuni, N Hasnan, A Kovindha</i> <b>- Treatment and Rehabilitation after SCI in Denmark</b> (30 min) <i>S: F Biering-Sørensen</i> - Q&A (30 min)
<b>14.00-15.00</b> (60 min)	<b>PS6: Sex and Social life</b> <i>S: BS Lee, S Ducharme</i> <i>Q &amp; A (10 min)</i> <i>M:</i>	
<b>15.00-15.30</b>	<b>Coffee break</b>	
<b>15.30-18.00</b>	<b>SP3: Experience with SCI consumers- outdoor activity at Rachapruck Botanical Garden (option)</b>	

**D3: Sunday, 10th December 2017**

Time	Main hall	Small room
<b>08.30-10.00</b> (90 min)	<b>PS7: How to build human relationship?</b> - Between rehab team members - Between rehab professionals and SCI consumers - Between SCI consumers and carers/personal assistant <i>S: S Ducharme, F Stephenson, N Hasnan</i> <i>M: T Attawong</i>	<b>SGD7: International SCI Data Sets and Standards for Neurological Classification of SCI in clinical practical and research</b> <i>S: F Biering-Sørensen</i>
<b>10.00-10.30</b>	<b>Coffee break</b>	
<b>10.30-11.45</b> (75 min)	<b>PS8: How to make tetraplegic hands function?</b> - Rehab therapy (30 min) <i>S: S Tongprasert</i> - Surgery (30 min) <i>S: K Sananpanich</i> - Q & A (15 min) <i>M: P Kummuang-lue</i>	<b>ASCoN Executive meeting</b>
<b>11.45-12.15</b>	<b>Announcement of ASCoN awards</b> <b>Closing remarks</b>	
<b>12.15-13.30</b>	<b>Lunch</b>	
	<b>End of the 16<sup>th</sup> ASCoN Conference</b>	

<b>13.30-17.30</b>	<b>Sunday, 10th December 2017</b> <b>ASCoN strategy planning workshop</b> <b>(for ASCoN executive committee and invited stakeholders only)</b>
<b>09.00-16.00</b>	<b>Monday, 11th December 2017</b> <b>IDAPP workshop (invited participants only)</b>